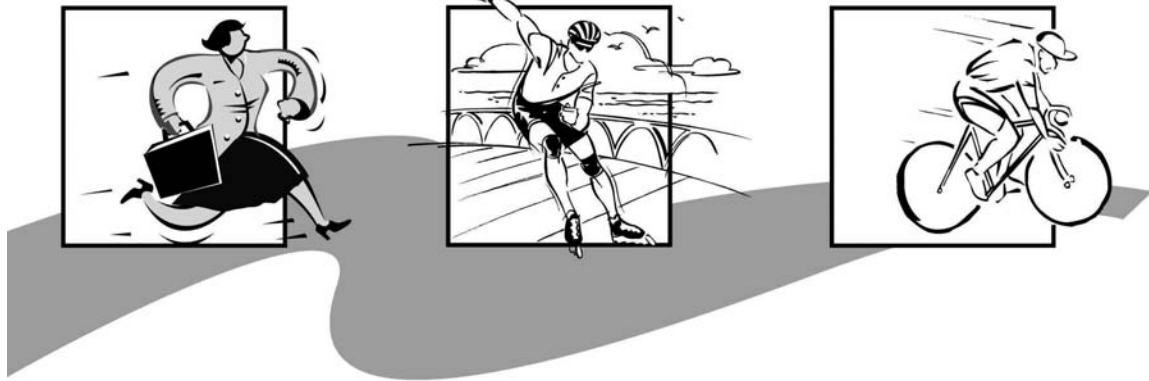


Walk -n- Roll SKAGIT COUNTY



MAY 19, 2006

The goal of the Skagit County Physical Activity Coalition (SCPAC) is to improve health in our county, through efforts that encourage physical activity for all. Walk-n-Roll Skagit County is an annual event of the SCPAC and the Skagit County Non-Motorized Advisory Committee that promotes individuals and groups walking and biking to work on the third Friday of May. Walking and biking to work is a great way to add a little physical activity into a busy lifestyle and improve health. The 2006 event will be held on May 19. As part of the excitement, and to help motivate more people to participate, we offer a variety of prizes. Our coalition will donate five \$100 cash prizes.

Be a Prize Sponsor

Would you please consider making a donation for this event? Examples of prizes include gift certificates in any amount, certificates for lunch for two, a bicycle tune up or a one-hour massage. Prize donors will be recognized in our event advertising, example attached, and on our Web site, www.beactiveskagit.org.

Please fill out the form completely if you are able to support Walk-n-Roll by donating an item. Deadline for donations is April 12, 2006. Submit the form to SCPAC, PO Box 1376, Mount Vernon, WA 98273. For additional information contact Liz McNett Crowl, 428-2331.

Name of Business/Donor: _____
(How you wish to be listed in promotional materials.)

Contact Person: _____ **Phone Number:** _____

Mailing Address: _____
Street City State Zip

Description of Donation: _____

Notes: _____

Value: _____



Signature of Donor: _____ **Date:** _____